

SEEDING SOIL RECIPE

USING AN 18 GALLON CONTAINER

1. SOIL BASE

- Soiless mix
 - compost
- 10:1

WHAT IS SOILESS MIX?

Soiless mix is the growing medium we use to germinate seeds. Soil can carry fungus and pathogens, so using alternative "soiless" materials can help eliminate disease variables when raising seedlings. Alternatives are peat moss or coconut coir.

2. SOIL POTION

- 1/2 Cup All purpose 4-4-4
- 1 TBSP Glacial rock dust
- 2 TBSP Kelp meal
- 2 TBSP Bone meal

WHAT IS ALL PURPOSE 4-4-4?

All-purpose 4-4-4 is the organic fertilizer we add to the mix. We use a Gaia Green brand product made from kelp, alfalfa and various other things. 4-4-4 refers to the ratio of nitrogen, phosphorus and potassium it contains.

FINAL STEP!

When combining it, you want to make sure that your soil is moist enough for you to clump it together with your hands, but no water drips out.



Information source:
Trent Vegetable Gardens